



# Pesticide Education Center

*Consumer Pesticide Safety Series*

## # 4 Headlice

Revised August 2002

by Marion Moses, M.D.

### Headlice Nontoxic Treatment

When my book “Designer Poisons” was published in 1995, there were no commercial or prescription lice shampoos that I felt could safely be used on children. So in Chapter 9, I recommended soap shampoo and nit removal combs.

Lice shampoos without toxic chemicals are now available. They are made from grain-based enzymes and do not contain pesticides. They dissolve the “glue” that the nit uses to stick to the hair shaft. They are not required to be registered as pesticides with the Environmental Protection Agency (EPA).

A product that I recommend is called LiceBGone. I first learned of this product from school nurses, who were enthusiastic supporters of nontoxic methods for lice control.

It is inexpensive (\$4.00 per treatment), easy to use and can be safely reapplied.

#### LiceBGone

**Toll free : 1-877-583-5408**

**email: [info@licebgone.com](mailto:info@licebgone.com)    [www.licebgone.com](http://www.licebgone.com)**

- ◆ The shampoo is applied to dry hair, left on for 30 minutes, rinsed out, and the nits combed out with a regular or a fine tooth comb.
- ◆ Women who are pregnant or nursing can treat themselves and/or their children as it will not affect the developing child, or get into breast milk.

It is often difficult for new products to get shelf space in chain stores, so it may not be available over-the-counter in your area. I encourage you to try to get local stores and chains to carry them.

Please do not hesitate to let me know if you have any questions or comments.

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For more information about pesticides, see the book by Dr. Marion Moses “*Designer Poisons: How to Protect Your Health and Home from Toxic Pesticides*”.

#### How To Order Designer Poisons

**\$22.50 book rate \$24.50 priority mail**

**CALIFORNIANS ADD \$1.50 SALES TAX.**

**Send check or money order made out to Pesticide Education Center to:  
Pesticide Education Center P.O. Box 225279, San Francisco, CA 94122  
415-665-4722    [pec@igc.org](mailto:pec@igc.org)    [www.pesticides.org](http://www.pesticides.org)**